

How to reduce balloon party waste

Balloons add an exciting element to any celebration! However, once the party has finished, there are a range of ways to make the most of your balloons rather than just throwing them away. We've put some suggestions below, but you may have some great ideas of your own!

- **Refill foil balloons.**

It may be tricky at first but, if you're careful, foil balloons can be refilled multiple times. So at the end of your event, instead of disposing of them, just let the air or helium out using a straw and store them away for next time.

Be careful when putting the straw in through the inflation hole though as you may damage the valve which will mean the balloon can't be used again. If you reuse your balloons with helium, remember to carefully tie each balloon onto a weight so they can't float away.

- **Repurpose balloons.** Once they have reached the end of their life, balloons can be repurposed beyond their original use in a number of creative ways, such as artwork, gift wrap or as props for a photo shoot.

- If your display is still looking good but you no longer want it, you could consider **donating your balloon display** to others who may be able to enjoy it, such as a local care home. Just check about latex allergies if you have latex balloons in your display.

- Don't let post event tiredness get in the way of disposing of your balloons properly. Each balloon should be popped with a pin and either put straight into the bin or recycled - your local NABAS member can advise if they are a part of our Terracycle recycling scheme.

